What are youth saying about Child and Family Teams?

“If I would have had a CFT meeting, my family relationships would be a lot stronger today.” - Chaney

“Decisions get made about your life with no input from you… how messed up does that sound?” - De’von

“If they would listen to me there would be more positive outcomes “ - DJ

Are you interested in setting up a CFT for yourself?
Contact your Social Worker or LiNKS Coordinator for more information.

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“R-E-S-P-E-C-T find out what it means to me”
© Copyright 1965, “Respect” Aretha Franklin
Principles of a CFT include:

1. Everyone deserves respect. Respect yourself and everyone around you.
2. Communication works both ways. Let everyone’s voice be heard.
3. I have many strengths.
4. Have a ‘no judgments’ environment.
5. It takes more than one hand to move a mountain. Work together to better the situation.
6. Trust takes time and patience.
7. No one knows me better than me.
8. It takes a village to raise a child.
9. Honor and respect my cultural differences. Culture is important so make sure the meeting fits who you are.
10. Help my family make sure I am safe. Your DSS worker’s roles are to help your family and protect your safety.

Definition endorsed by the NC State Collaborative for Children, Youth and Families, December 2007
NC Families United Newsletter, January 2008


What is a CFT?

Child and Family Teams are family members and their community supports that come together to create, implement and update a plan with the child, youth/student, and family. The plan builds on strengths of the child, youth and family and addresses their needs, desires and dreams.

Child and Family Team Agenda

1. Welcome and introductions
2. What’s our purpose today?
3. Decided-upon ground rules
4. Information sharing
5. Options to consider by youth
6. Developing the plan and who helps with each part
7. When do we meet again?